

The requirements to become a Certified ITCT- Clinician are described below. These requirements apply to trainees who began certification before July 1, 2023. Please read the requirements carefully. If you have any questions about certification, please contact the Center for Integrative Treatment of Complex Trauma at CenterforITCT@umsl.edu

As the new Center for ITCT is rolling out, the USC-ATTC online learning portal is not currently (2/15/24) available. We will be transitioning this to a new site and will communicate that change to you when it is ready. All prior work completed in the portal will continue to count toward certification.

National Training Requirements for Certified ITCT Clinician

1. Before completing the certification process:

- Obtain a master's degree (or equivalent) that includes clinical training in a mental health-related field. This includes the fields of psychiatry, psychology, social work, marriage and family therapy, counseling, etc.
- Obtain a state license that allows independent clinical practice. Certification requirements may be completed before receiving licensure.

Items 2–7 must be completed in the order listed

2. Complete at least six (6) hours of ITCT-A training provided by a USC-ATTC approved trainer (minimum one full-day workshop).

- Trainings completed **before October 1, 2012** will not be credited toward certification.
- Trainings completed **between October 1, 2012 and September 30, 2014**.
 - Upload a copy of your USC-ATTC Certificate of Attendance —or—
 - Complete and sign an attestation form to verify the training you attended.
- Trainings completed **after September 30, 2014**.
 - Upload a copy of your USC-ATTC Certificate of Attendance

3. Complete web-based training of the USC-ATTC guide: *Integrative Treatment of Complex Trauma for Adolescents (ITCT-A) Treatment Guide, 2nd edition*. You must read the guide and pass a knowledge-based quiz for each chapter with at least 80% correct responses for each chapter.

4. Attend or view two (2) ITCT-A webinars (approximately one hour each) and pass a knowledge-based quiz with at least 80% correct responses for each webinar.

5. Complete a written case report of an adolescent treated with ITCT-A for at least 12 sessions. Use the template provided and complete every section. Do not include protected health information that might identify your client. All three parts must be completed to receive credit.

- **Part I.** Briefly describe the relevant history, assessment of risks, and the client's strengths. Approximately 750 words, typed, single-spaced.
 - Demographics and special service needs. Include age and gender of client.
 - Presenting problem(s) and situational context. Include symptoms and problematic behaviors.
 - History of exposure to trauma and how those events might be related to the presenting problem(s).
 - Relevant biological, developmental, and medical history.
 - Previous mental health issues and treatment. Include past and present psychiatric medications.
 - Past and present alcohol or substance use and treatment history.
 - Family medical and psychiatric history.
 - Family history. Describe home environment, caregivers, siblings, etc.
 - Relevant social, educational, occupational, and legal history.
 - Assessment of risk. Identify potentially risky behaviors as well as risk of direct harm to self or others.
 - Client strengths and social support.
 - **Part II.** Complete an Assessment-Treatment Flowchart for Adolescents (ATF-A or ATF-A-II). At least two assessments are required, the first at intake, and then every three months, unless circumstances require more frequent evaluations.
 - **Part III.** Integrate information from the completed Assessment-Treatment Flowchart for Adolescents (ATF-A) and the Problem-to-Components Grid (PCG). Approximately 500 words.
 - Outline a comprehensive treatment plan.
 - Describe the specific ITCT-A interventions that were used.
 - Briefly describe the course of treatment and treatment outcome(s).
6. Attend at least six (6) regularly scheduled video consultation calls. These calls are generally held once monthly for 90 minutes. They do not need to be attended in consecutive months.
- During one consultation call, present a 30-minute clinical case that utilized ITCT-A.
 - Present the same case that was described in the written case report, which must be submitted and approved before scheduling a case presentation.
 - Case presentations must be scheduled in advance.
7. Complete at least two (2) separate ITCT-A cases with appropriate adolescent clients. A completed case consists of at least 12 client sessions and ideally results in a natural termination.